



White Bison, Inc. Presents The Seven Trainings:

April 11, 12, 13, 2006

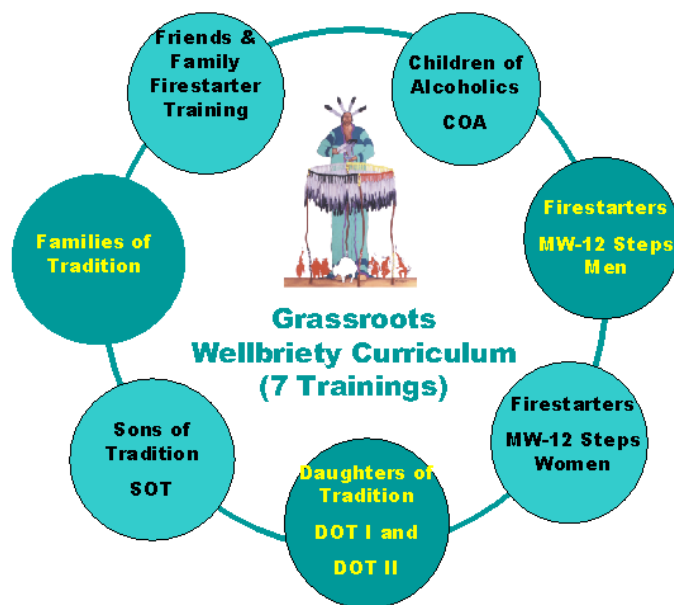
Seattle, WA

Learn to Facilitate One of these
Programs in Your Community
Including

**Special Opportunity:
2-Day Fetal Alcohol Spectrum
Disorder Community Training**

(April 12-13, 2006)

Contact coordinator for more information



Purpose: A three day train-the-trainer event to provide local community members with the facilitation skills necessary to implement Wellbriety Training programs. There is no cost for the training or training materials. However, participants must provide for their meals, travel, and hotel.

Location of Training: Daybreak Center, Discovery Park Seattle, WA
(Location directions will be sent with confirmation)

Contact for White Bison, Inc:

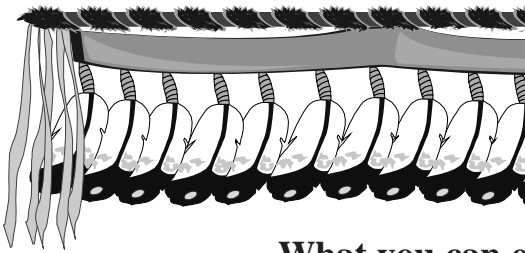
Amanda Manbeck, Program Manager 1-877-871-1495

Also be sure to visit the
White Bison, Inc. website: www.whitebison.org



An American Indian non-profit corporation
6145 Lehman Drive Suite 200 Colorado Springs, CO 80918-3440
(719)548-1000(v) (719)548-9407(f) www.whitebison.org info@whitebison.org





What you can expect to learn:

- ◆ How the Wellbriety Movement and the Healing Forest can help you and your family
- ◆ How to facilitate talking circles
- ◆ How to implement the Medicine Wheel and 12 Step curriculum
- ◆ How to assist others in their recovery process
- ◆ How to prevent relapse
- ◆ How to work with youth in prevention programs
- ◆ How to recruit others in your community to work towards a vision of community wellness
- ◆ How to “Put a New Face on Recovery” in your own community



Examples of Previous Participants:

- ◆ Counselors & Social Workers
- ◆ Probation or Parole Officers
- ◆ Those who work in the prison system, vocational rehabilitation, employment, housing, faith-based organizations
- ◆ Community (grassroots) supporters of sobriety
- ◆ Mental Health Agency workers
- ◆ Social Service Agency workers
- ◆ Teachers
- ◆ Family members of those in recovery
- ◆ Individuals in recovery
- ◆ Elders
- ◆ Clergy and Spiritual Leaders
- ◆ Youth workers (i.e. Boys and Girls Club)



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Seven Training Programs

Participants will choose **ONE** of these programs during the three day train the trainer event.

Medicine Wheel and 12 Steps for Women



This is a nine part video series of the Medicine Wheel and Twelve Steps for Women who choose to follow a twelve step program. A workbook is included. Topics include The Talking Circle, Growing up as an Indian Woman, The Two Thought Systems, Reclaiming Your Power, Being A Positive Influence, Overview of the Twelve Steps, The Twelve Steps in a Circle, and Instructions for Each of the Twelve Steps.

Medicine Wheel and 12 Steps for Men



This is a seven part video series that approaches the twelve steps of recovery from a Native American perspective. It includes a workbook. Topics are Medicine Wheel Teachings, Cycle of Life (growing up as an Indian man), Four Directions of Growth, The Two Thought Systems, The Four Directions and The Twelve Steps, Overview of The Twelve Steps, and Instructions on taking each of the Twelve Steps from a cultural approach.

Medicine Wheel and 12 Steps for Al-Anon and Adult Children of Alcoholics



This is a Medicine Wheel and 12 Step program (with 9 videos) designed for Friends and Family of people affected by alcohol. It focuses on such issues as codependency, taking care of one's self, and learning to let go.

Daughters of Tradition I and Daughters of Tradition II



This is a prevention education program for Native American girls age 8-12 (DOT I) and age 13-17 (DOT II). It is designed to coincide with the school year and also to extend over the summer months. The primary theme of the DOT I program is "being good at something, being good for something." The primary theme of the DOT II program is "developing an identity as a Native American woman." Each program is based upon the teachings of the Native American Elders and Clan Mothers. The curriculum kits include posters, activity books, journals, facilitator manuals and support videos.



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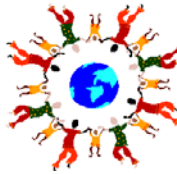


Sons of Tradition



This is a prevention education program for Native American boys age 13-17. It is designed to coincide with the school year and other weekly programs, and also to extend over the summer months. The focus of this program is establishing identity and learning what it is to be a Native American man. The curriculum is based upon the teachings of the Native American Elders and Clan Mothers. It consists of the Seven Philosophies, a set of posters, and a workbook. Facilitators receive these materials along with a set of instructional videos, a facilitator's manual and lesson guides. Facilitators are trained in a three day program that introduces them to the principles, laws, and values that form the basis of the program, options for using the curriculum, and how to use talking circles and mind mapping, which are integral to the training program.

Families of Tradition



This training explores family dynamics, relationships, roles, parenting, conflict management, and the development of trust and respect in the family. It is based upon the teachings of the Medicine Wheel and how to use family Talking Circles to help families heal. Workbooks and videos support this training.

Children of Alcoholics



This series is designed to provide a supportive and nurturing environment for young people to learn how the talking circle can develop trust, provide healing and support and develop hope for young people whose families are affected by alcohol abuse. This curriculum was developed by National Association for Children of Alcoholics and the Substance Abuse for Mental Health Services Administration. White Bison provided technical assistance for ensuring that the curriculum would be appropriate for Native American communities.



The Elders have told us that we have entered the "Coming Together Time" in which a great healing can occur among individuals, families, communities and nations.



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